

CURRICULUM VITAE

IRIS TORCHALLA, PH.D., R.PSYCH.

CONTACT INFORMATION

Name Iris Torchalla

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CLINICAL REGISTRATIONS

06/2013 **Registered Psychologist (Reg. # 2069)**
College of Psychologists of British Columbia, Vancouver, BC

04/2008 **Licensed Clinical Psychologist (non-practicing)**
Medicine and Pharmacy Licensing Board Stuttgart, Germany

CURRENT POSITION

Since 03/2019 **Clinic Director and Team Psychologist**
West Coast Resiliency Centre, Vancouver BC

PREVIOUS POSITIONS

06/2013-05/2021 **Psychologist in Private Practice**
North Shore Stress and Anxiety Clinic, North Vancouver BC

11/2013-05/2018 **Team Psychologist**
09/2017-05/2018 **Practice Lead**
Resilience over Psychological Trauma program and Mental Health Return to Work program. OrionHealth Vancouver Pain Clinic, Vancouver, BC

06/2010-04/2022 **CHÉOS Scientist**
Centre for Health Evaluation and Outcome Sciences (CHÉOS), Vancouver BC
Focus: Trauma/PTSD, substance use, women's mental health, homelessness

09/2008-05/2010 **Postdoctoral Researcher**
BC Centre of Excellence for Women's Health, Vancouver, BC
Focus: Substance use, trauma, women's mental health

- 04/2002-08/2008 **Clinician Scientist**
University Hospital for Psychiatry and Psychotherapy, Department of Addiction
Medicine and Addiction Therapy, Tübingen, Germany
- 02/1994-09/1995 **Practical Nurse**
Rottenburg General Hospital, Internal Medicine Unit, Rottenburg, Germany
- 08/1991-01/1994 **Practical Nurse**
Centre for Pneumology and Thoracic Surgery, Oncology Unit, Hemer, Germany

VOLUNTEER WORK

- 04/2020-05/2020 **Volunteer Psychologist, COVID-19 Psychological First Aid Service**
British Columbia Psychological Association, Vancouver, BC

DEGREES AND EDUCATION

- 01/2007 **Ph.D. in Clinical Psychology**
Eberhard Karls University, Department of Psychology, Tübingen, Germany
- 09/2002-04/2008 **Cognitive-Behaviour Therapy Training**
Eberhard Karls University and Tübingen Academy for Behaviour Therapy
Accredited licensing program, see “Clinical Training” section below
- 03/2002 **Diplom (German M.Sc. equivalent) in Clinical Psychology**
Eberhard Karls University, Department of Psychology, Tübingen
- 09/1997 **Pre-Diplom (German B.Sc. equivalent) in Psychology**
Eberhard Karls University, Department of Psychology, Tübingen
- 10/1995-03/2002 **Student of Psychology**
Eberhard Karls University, Department of Psychology, Tübingen
- 09/1990 **Licensed Nurse**
Public Health Department, Province of Nordrhein Westfalen, Germany
- 10/1987-09/1990 **Nursing Student**
Marienhospital and School of Nursing, Hamm, Germany

CLINICAL EXPERIENCE AND TRAINING

Practice experience

- Since 03/2019 **Clinical Director and Psychologist at the West Coast Resiliency Centre**
Development of the interdisciplinary Trauma Recovery Program. Program devel-
opment; staff training and supervision; assessment, treatment planning, treatment
delivery (trauma-focused psychotherapy) and return-to-work support for adults
with posttraumatic stress. West Coast Resiliency Centre, Vancouver, BC

- Since 07/2013 **Psychologist in Private Practice**
Individual CBT-based treatment for adults with mental disorders and psychological problems (mainly related to trauma, anxiety, depression, and stress). Return-to-work support for clients who are off work.
North Shore Stress and Anxiety Clinic, North Vancouver (until 05/2021) and West Coast Resiliency Centre, Vancouver, BC
- 11/2013-05/2018 **Psychologist with the Resilience over Psychological Trauma (RoPT) program**
Implementation of RoPT; program development, staff training and supervision, assessment, treatment planning, treatment (trauma-focused CBT) and return-to-work support for adults with work-related posttraumatic stress.
OrionHealth Vancouver Pain Clinic, Vancouver, BC
- 04/2010-09/2010 **Study Therapist: Gambling Disorder Treatment Study**
Supervised individual treatment (CBT and DBT) for young adults with gambling and associated substance use and emotional problems.
BC Mental Health and Addiction Services, Vancouver, BC
- 04/2002-07/2008 **Addiction Counsellor and Clinic Coordinator**
CBT-based tobacco dependence treatment and motivational interviewing
University Hospital for Psychiatry and Psychotherapy, Department of Addiction Medicine and Addiction Therapy, Smoking Cessation Clinic, Tübingen
- 11/2003-07/2008 **Clinical Psychologist Trainee**
Supervised individual CBT treatment for adults with mental disorders
Outpatient Psychotherapy Clinic at the Tübingen Academy for Behaviour Therapy, Tübingen
- 04/2007-09/2007 **Internship in Psychiatry, Psychotherapeutic Day Clinic**
Assessment, treatment planning, counselling, and treatment of individuals with borderline personality disorders and concurrent disorders.
University Hospital for Psychiatry and Psychotherapy, Tübingen
- 10/2006-03/2007 **Internship in Psychiatry, Unit for Acute Psychiatric Care**
Crisis intervention, assessment, treatment planning, and counselling for patients with acute psychiatric symptoms.
University Hospital for Psychiatry and Psychotherapy, Tübingen
- 09/2001-07/2003 **Development and Implementation of Social Skills Training Group Program for Male Prison Inmates**
Co-developer and –therapist (with Psychologist Cecile Rast)
Heimsheim State Prison, Heimsheim, Germany
- 09/2000-03/2001 **Social Skills Training Group Program for Individuals with Social Anxieties**
Facilitator and co-therapist under supervision
Eberhard Karls University, Department of Psychology, Tübingen
- 04/1999-09/1999 **Internship in Clinical Psychology, Residential Drug Treatment Facility**
Drug Rehabilitation Clinic Tübingen/Reutlingen

Clinical training and professional development

- 09/2023 **EMDR Therapy for First Responders**
4-hour live webinar hosted by Envision Counselling and Consulting, Alberta.
Instructor: Julie Miller.
- 06/2023 **Moral Injury in PTSD**
90-minute live webinar hosted by Bespoke Mental Health Canada. Instructor: Dr.
Jennifer Wild
- 03/2023 **San'yas Indigenous Cultural Safety Training – Core Mental Health**
10-hour, 8-week instructor-facilitated online training, hosted by the Indigenous
Health department at the Provincial Health Services Authority, Vancouver BC.
- 01/2023 **BC First Responders' Mental Health Conference - Connecting Leaders to
Promote First Responders' Mental Health**
2-day conference hosted by the BC First Responders' Mental Health Committee.
Richmond, BC.
- 01/2023 **Avoiding Common Mistakes in EMDR: A Practical Guide for Therapists**
1-hour webinar. Instructor: Deb Kennard, Personal Transformation Institute, TX.
- 08/2022 **Don't Let the "TR" Fool You: The DSM-5-TR is More Than a Text Revision**
2-hour live webinar hosted by the BCPA. Instructor: Dr. Greg Neimeyer.
- 05-06/2022 **Trauma-Focused Acceptance and Commitment Therapy (TF-ACT)**
6-week online course hosted by Psychwire. Instructor: Dr. Russ Harris.
- 11/2021 **Prolonged Exposure (PE) Web: A Web-Based Training Course for Providers**
10-hour online course (<http://pe.musc.edu>). Medical University of South Carolina;
National Crime Victims Research and Treatment Center, Charleston, SC.
- 06/2021 **EMDR Strategies to Facilitate Reprocessing**
4-hour live webinar. Instructor: Rebecca Kase
- 10/2020 **Emotionally Focused Therapy for Individuals, Level 1: Creating Security
Within and Between**
2-day live online workshop hosted by the Vancouver Centre for Emotionally Fo-
cused Therapy. Instructor: Yolanda von Hockauf.
- 07/2020 **Professional Practice in Disaster Response Part 1: Psychological First Aid;
and Professional Practice in Disaster Response Part 2: Skills for Psychological
Recovery**
2-hour and 2.5-hour live webinar hosted by the College of Psychologists of British
Columbia. Instructors: Dr. Jeanne LeBlanc, Dr. Susan Turnbull.
- 03/2020 **Psychological First Aid**
1-hour live webinar hosted by the British Columbia Psychological Association. In-
structor: Dr. Claire Sira.

- 03/2020 **Telepsychology Best Practices 101 Series**
Segment 1 (Clinical Evaluation and Care: Cultural Competencies & Documentation), Segment 2 (Technology), Segment 3 (Legal, Regulatory & Ethical Rules), Segment 4 (Reimbursement Strategies and Marketing).
8-hour webinar hosted by the American Psychological Association. Instructor: Dr. Marlene M. Maheu.
- 02/2020 **Occupational Awareness Training for Therapists: First Responder Trauma**
2-day training hosted by First Responder Health Services, Coquitlam, BC.
- 11/2019 **Risky Business: Working with Compulsive and Self-Endangering Behaviors with Trauma Survivors**
2-day workshop. Instructor: Dr. John Briere, Keck School of Medicine, University of Southern California, Los Angeles.
- 01/2019 **Occupational Trauma Response**
1-day seminar hosted by WorkSafeBC, Richmond, BC. Instructors: Dr. Tim Black and Alex Sterling, University of Victoria.
- 02-05/2018 **Eye Movement Desensitization and Reprocessing (EMDR) Basic Training**
Curriculum approved by the EMDR International Association, including 20 hours lecture, demonstration and discussion, 10 hours supervised practice, and 10 hours consultation. Hosted by the British Columbia School of Professional Psychology. Vancouver, BC. Instructor: Dr. Marshall Wilensky.
- 05/2017 **The Pain Paradox: The "Third Wave" of Mindfulness-Compassion Based Approaches for PTSD and Complex Trauma**
2-day workshop. Instructor: Dr. John Briere, Keck School of Medicine, University of Southern California, Los Angeles.
- 11/2016 **Working with the Pain Paradox: Integrating Mindfulness Principles into Modern Psychotherapy**
1-day workshop hosted by the BC Psychological Association, Vancouver, BC. Instructor: Dr. John Briere, Keck School of Medicine, University of Southern California, Los Angeles.
- 05/2016 **2nd International Conference on Mindfulness**
5-day conference hosted by the Sapienza University of Rome Faculty of Medicine and Psychology, Consciousness, Mindfulness, Compassion (CMC) International Association, MacTavish Behavioral Health, and the Associazione Italiana per la Mindfulness. Rome, Italy.
- 03/2016 **TF-CBT web. An Online Training Course for Trauma-Focused Cognitive Behavioral Therapy for Children and Adolescents**
10-hour online course (<https://tfcbt2.musc.edu/>). Medical University of South Carolina; National Crime Victims Research and Treatment Center, Charleston, SC.
- 12/2015 **Military Culture: Core Competencies for Health Care Professionals Self-Assessment and Introduction to Military Ethos**
Online course. US Department of Veterans Affairs, Employee Education System and Mental Health Services, in collaboration with the Department of Defense.

- 10/2014 **Confronting the Challenges of Chronic Pain**
1-day professional conference hosted by Pain BC, Vancouver, BC.
- 10/2014 **Integrating PTSD Treatment into DBT for Suicidal and Self-Injuring Clients with Borderline Personality Disorder**
1-day workshop. Instructor: Dr. Melanie Harned, Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle.
- 09/2014 **Prolonged Exposure Therapy for PTSD**
4-day workshop. Instructor: Dr. David Yusko, Center for the Treatment and Study of Anxiety, University of Pennsylvania, Philadelphia, PA.
- 04/2014 **CPTweb – Cognitive Processing Therapy for PTSD**
9-hour online course (<https://cpt2.musc.edu>). Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences, Charleston, SC.
- 11/2013 **Distress Tolerance and Interpersonal Effectiveness Skills**
1-day workshop. Instructor: Dr. Alexander Chapman, Dialectical Behaviour Therapy Centre of Vancouver
- 03/2013 **Lost in Translation – Exploring the Early Origins of Addiction**
Conference hosted by the Canadian Centre on Substance Abuse, UBC Department of Psychiatry, and CHÉOS. Vancouver, BC.
- 02/2011 **Lost in Translation - Seeking Answers in Addiction and Concurrent Disorders**
Conference hosted by the Mental Health Commission of Canada, Canadian Centre on Substance Abuse, CIHR, UBC Department of Psychiatry, and CHÉOS. Vancouver, BC.
- 04-05/2010 **Dialectical Behavior Therapy (DBT)**
6-session workshop on theory and practice of DBT. Instructor: Dr. Lorne Korman, BC Mental Health and Addiction Services, Vancouver
- 11/2009 **Into the Light - Transforming Mental Health in Canada**
Conference hosted by the Mental Health Commission of Canada, Vancouver Coastal Health and Simon Fraser University, Vancouver, BC.
- 10/2009 **Wounded Souls and the Vulnerable Self: Trauma and Addiction – Causes, Consequences, and Treatment.**
Conference hosted by CHÉOS, UBC Institute of Mental Health, and Providence Health Care. Vancouver, BC.
- 01-07/2008 **Curriculum: Cognitive-Behaviour Therapy for Children and Adolescents**
200 theory hours. Tübingen Academy for Behaviour Therapy, Tübingen.
- 05-10/2006 **Cognitive-Behaviour Group Therapy**
Volume: 48 theory hours; implementation of 60 double sessions of group therapy under supervision; and own participation in 80 hours of group therapy. Tübingen Academy for Behaviour Therapy, Tübingen.

- 10/2007 **Dialectical Behavior Therapy (DBT) for Borderline Personality Disorder**
36-hour (5-day) curriculum on theory and practice of DBT. Consortium for Evidence Based Psychotherapy, Freiburg, Germany.
- 09/2005 **Motivational Interviewing for the Treatment of Addiction**
8-hour workshop. Conference for Addiction Therapy, Tübingen.
- 03-04/2005 **Alcoholism Specific Psychotherapy (ASP)**
40-hour workshop. Instructor: Dr. Rigo Brueck. University Clinical Centre, Freiburg, Germany.
- 09/2002-04/2008 **Clinical Training Program: Cognitive-Behaviour Therapy (CBT) for Adults**
Volume: 600 theory hours; internships in psychiatry and psychotherapy (1800 hours); implementation of 600 individual sessions of CBT; 150 sessions of supervision, and own participation in group- and individual therapy (120 hours).
Tübingen Academy for Behaviour Therapy, Tübingen.

TEACHING

Guest speaker

- 11/2023 **The role of occupational therapists in supporting first responders with occupational stress injuries**
Webinar for members of the Canadian Association of Occupational Therapists (CAOT). Co-presenter: Kimberley Lennox
- 10/2022 **Occupational therapy and psychology collaboration in trauma-focused psychotherapy**
Webinar for the Centre for Addiction and Mental Health (CAMH).
Co-presenter: John Killoran
- 08/2022 **The role of occupational therapy in the treatment of PTSD**
Webinar for members of the Canadian Association of Occupational Therapists (CAOT). Co-presenter: John Killoran
- 03/2022 **Collaborative psychotherapy and occupational therapy treatment for individuals with work-related PTSD**
Online presentation for the WorkSafeBC network of providers. Co-presenter: Montana Bahen
- 02/2020 **Operational stress: prevention and treatment**
Presentation for the Vancouver Police Department Critical Incident Stress Management Team. Vancouver, BC
- 04/2018 **Unraveling posttraumatic stress disorder**
Presentation in the Employability Webinar Series hosted by CBI Health Group.
Co-presenter: Alison McWalter and Daniela Fisher

- 03/2017 **PTSD: therapeutic strategies for occupational therapists**
Presentation (on behalf of AnxietyBC) for OTs at Community Therapists, Burnaby, BC, Canada
- 03/2016 **Fear avoidance in PTSD and chronic pain**
Webinar for health care providers hosted by PainBC. Co-presenter: Sarah Gallant
- 07/2013 **Substance use and trauma in vulnerable urban populations**
1-day seminar for graduate students at the UBC School of Population and Public Health (with Dr. Michael Krausz), Vancouver, BC
- 04/2013 **Exploring trauma in research and practice**
3.5-hour seminar for IMPART Research Training Seminar trainees, Vancouver BC
- 08/2010 **Cognitive behavioural smoking cessation treatment for psychiatric clients**
2-lessons seminar for mental health counsellors (with Dr. Okoli), Richmond Mental Health Team, Richmond, BC, Canada
- 05/2010 **How can we address sex and gender in smoking cessation counselling?**
Webinar for counsellors at the QuitNow services in London, ON, Canada
- 10/2009 **Smoking cessation counselling strategies for pharmacists**
2-hour lecture for pharmacy students, University of British Columbia, Vancouver
- 04/2008 **Smoking cessation interventions: pharmacological and counseling strategies.**
2-hour presentation for physicians. Professional development series, South-Wuerttemberg Medical Association, Reutlingen, Germany
- 02/2008 **Smoking cessation approaches for individuals with mental disorders.**
1-hour presentation for psychiatrists and psychologists. Psychiatric education series, Centre for Psychiatry, Bad Schussenried, Germany
- 02/2008 **Managing problems during tobacco dependence treatment**
Supervision seminar for smoking cessation therapists. Tobacco Prevention Consortium Steiermark, Graz, Austria
- 02/2008 **Cognitive-behavioural group treatment for smoking cessation**
7-hour workshop for psychologists. Tobacco Prevention Consortium Steiermark, Graz, Austria
- 10/2007 **Motivational interviewing and counselling for dependent smokers**
4-hour workshop for psychiatric nurses, Münsterklinik, Zwiefalten, Germany
- 05/2007 **A 6-week smoking cessation program - workshop for therapists**
Addiction prevention at work. Symposium of the University Hospital of Tübingen and the General Hospital of Sigmaringen, Germany
- 01/2007 **Treating tobacco use and dependence in the general practice.**
2-hour presentation for general practitioners. Continuing education series, Local Association of General Practitioners, Reutlingen, Germany

- 02/2006 **The smoke-free school – from theory to practice**
2-hour training for teachers, Wilhelm Hauff Secondary School, Pfullingen, Germany
- 10/2005 **Cognitive-behavioural therapy for tobacco dependence**
2-hour training for the German Association of Psychotherapists and the German Association of Pharmacists, Karlsruhe, Germany

Seminars

- 03/2014-05/2018 **Trauma and PTSD**
Monthly training for clinicians at the Vancouver Pain Clinic.
Developer and presenter
- 04/2012-10/2013 **Concurrent trauma and addiction – a knowledge exchange workshop**
Monthly workshop with health care workers at the Sheway pregnancy outreach program for women who use substances, Vancouver.
Co-developer and -presenter (with Dr. V. Strehlau)
- 06/2009-10/2009 **Tobacco dependence – research and practice (internal seminar)**
British Columbia Centre of Excellence for Women’s Health, Vancouver.
Co-developer and -instructor (with Dr. C.T.C. Okoli)
- 10/1999-03/2001 **Social skills training**
3-semester training for students, University of Tübingen, Dep. of Psychology
Therapist, tutor, and teacher

Regular workshops

- semi-annual
2007 - 2008 **Smoking cessation strategies for patients with mental disorders**
2-hour workshop within the 20-hour curriculum „Tobacco Dependence“
University Hospital for Psychiatry and Psychotherapy, Tübingen
- semi-annual
2004-2008 **Clinical diagnostics of tobacco dependence**
2-hour workshop within the 20- hour curriculum „Tobacco Dependence“
University Hospital for Psychiatry and Psychotherapy, Tübingen
- semi-annual
2004-2008 **Smoking prevention**
2-hour workshop within the 20- hour curriculum „Tobacco Dependence“
Tübingen, University Hospital for Psychiatry and Psychotherapy
- semi-annual
2007-2008 **Smoking and tobacco dependence**
Seminar for nursing students, University Hospital of Tübingen.
- annual:
2003-2007 **Motivational enhancement strategies for tobacco dependence**
2-hour workshop within the 20- hour curriculum „Tobacco Dependence“
Tübingen Conference for Addiction Therapy
2005-2007 Hamburg Conference for Addiction Therapy

Intensive cognitive-behavioural therapy for smoking cessation

annual
2003-2006

Presentation within the 3- hour workshop „Smoking cessation treatment“
1st-4th German Conference on Tobacco Control of the German Cancer Research Centre, Heidelberg, Germany

FUNDING SUPPORT

- 07/2018-06/2020 **Women, victimization, and homelessness: Towards a conceptual model to advance trauma-informed research, policy and practice.** Project Grant, Canadian Institutes of Health Research (PI: Dr. Jim Frankish). \$68,850; Co- Applicant.
- 11/2012-10/2013 **A trauma-informed knowledge exchange curriculum for a community service targeting mothers with addiction and concurrent disorders.** Meeting, Knowledge, and Dissemination Grant, Canadian Institutes of Health Research. \$13,394; Principal Applicant.
- 09/2009-08/2013 **iTAG (Investigating Tobacco and Gender) Postdoctoral Research Fellowship.** Canadian Institutes of Health Research Emerging Team Grant (PI: Dr. Joan Bottorff). University of British Columbia, Institute of Healthy Living and Chronic Disease Prevention, Kelowna. \$5,000/year. Award Recipient.
- 12/2009-11/2012 **The comparative efficacy of cognitive-behavioural and hypnotherapy for smoking cessation.** German Cancer Aid (PI: Dr. Anil Batra), €460,000 (\$583,540). Co-Applicant.
- 06/2009-05/2011 **Social and build environments and gendered effects of second-hand smoke policies.** Policy Research Grant, Canadian Tobacco Control Research Initiative. Health (PI: Dr. Lorraine Greaves). \$79,994. Co-Applicant.
- 03/2010-02/2011 **Knowledge translation on smoking reduction and cessation interventions for pregnant and postpartum girls and women.** Federal Tobacco Control Strategy Grant, Health Canada (PI: Dr. Lorraine Greaves). \$30,755. Co-Applicant.
- 09/2008-08/2010 **IMPART Postdoctoral Research Fellowship.** Intersections of Mental Health Perspectives in Addictions Research Training (IMPART; CIHR Strategic Training Initiative in Health Research), BC Centre of Excellence for Women’s Health (PI: Dr. Lorraine Greaves). \$40,000/year. Award Recipient.
- 04/2009-03/2010 **Smoking cessation programs targeted to women.** Seed Grant, Women’s Health Research Network, \$4000. Principal Applicant.
- 04/2009-03/2010 **Integrated treatment of concurrent trauma and substance use disorder.** Seed Grant, BC Mental Health and Addictions Research Network, \$3500. Principal Applicant.
- 08/2004-07/2007 **Smoking cessation treatments adapted to biological and psychological outcome predictors – a chance for improvement of treatment outcome.** German Ministry for Education and Research (PI: Dr. Anil Batra), €300,000 (\$380,500). Co-Applicant.

PUBLICATIONS AND PRESENTATIONS

PEER-REVIEWED JOURNAL ARTICLES

1. Mackoff J, Lennox K, Torchalla I (under review). Collaborative trauma-focused occupational therapy and psychotherapy for work-related PTSD: two case studies.
2. Batra A, Eck S, Riegel B, Friedrich S, Fuhr K, Torchalla I, Tönnies S (2024). Hypnotherapy compared to cognitive-behavioral therapy for smoking cessation in a randomized controlled trial. *Frontiers in Psychology*; <https://doi.org/10.3389/fpsyg.2024.1330362>.
3. Torchalla I, Killoran J (2022). Interdisciplinary trauma-focused treatment and return-to-work support for a police officer with work-related PTSD: a case study. *Journal of Contemporary Psychotherapy*, 52(4):319-327.
4. Torchalla I, Killoran J, Fisher D, Bahen M (2019). Trauma-focused treatment for individuals with posttraumatic stress disorder: The role of occupational therapy. *Occupational Therapy in Mental Health*; 35(4): 386-406.
5. Torchalla I, Strehlau V (2018). The evidence base for interventions targeting individuals with work-related PTSD: a systematic review and recommendations. *Behavior Modification*; 42(2), 273-303.
6. Strehlau V, Torchalla I, Patterson M, Laing A, Addorisio S, Frankish J, Krausz M, Somers J (2017). Recruitment and retention of homeless individuals with mental illness in a housing first intervention study. *Contemporary Clinical Trials Communication* 7: 48-56.
7. Goossens I, Nicholls T, Torchalla I, Brink J, de Ruiter C (2016). The perceived impact of trauma-focused research with forensic psychiatric patients with lifetime victimization histories. *Journal of Empirical Research on Human Research Ethics* 11; 4: 334-345.
8. Torchalla I, Linden IA, Strehlau V, Neilson E, Krausz M (2015). “Like a lot happened with my whole childhood”: Violence, trauma, and addiction in pregnant and postpartum women from Vancouver’s Downtown Eastside. *Harm Reduction Journal* 12; 1: 1-10.
9. Neilson E, Mar M, Torchalla I, Krausz M (2015). Help seeking experiences of youth with suicidal ideations. *Journal of Patient Experience* 1; 2: 22-27.
10. Bottorff JL, Robinson CA, Sarbit G, Graham RB, Kelly MT, Torchalla I (2015). A motivational, gender-sensitive smoking cessation resource for family members of people with lung cancer. *Oncology Nursing Forum* 42; 4: 363-370.
11. Torchalla I, Strehlau V, Li K, Linden IA, Noel F, Krausz M (2014). Posttraumatic stress disorder and substance use disorder comorbidity in homeless adults: Prevalence, correlates, and sex differences. *Psychology of Addictive Behaviors* 28; 2: 443-452.
12. Mar M, Linden I, Torchalla I, Li K, Krausz M (2014). Are childhood abuse and neglect related to age of first homelessness episode among currently homeless adults? *Violence and Victims* 16; 6: 999-1013.
13. Sahoo S, Torchalla I, Krausz M (2014). Gender differences in early trauma and high risk behaviors among street entrenched Youth in British Columbia. *International Journal of Adolescent Medicine & Health* 26; 4: 489-493.
14. Mar M, Neilson E, Torchalla I, Werker G, Krausz M (2014). Exploring E-Mental Health Preferences of Generation Y. *Journal of Technology in Human Services* 32; 4:, 312-327.
15. Bottorff JL, Haines-Saah R, Kelly M, Oliffe JL, Torchalla I, Poole N, Greaves L, Robinson CA, Ensom MHH, Okoli CTC, Phillips JC (2014). Gender, smoking and tobacco reduction and cessation: A scoping review. *International Journal for Equity in Health* 13; 1: 114.
16. Torchalla I, Li K, Strehlau V, Linden IA, Krausz M (2014). Religious participation and substance use behavior in a Canadian sample of homeless individuals. *Community Mental Health Journal* 50; 7: 862-869.

17. Strehlau V, Torchalla I, Linden I, Li K, Krausz M (2014). Sexual health, vulnerabilities, and risk behaviors among homeless adults. *Sexual Health* 11; 1: 91-93.
18. Linden IA, Torchalla I, Krausz M (2013). Addiction in maternity: prevalence of mental illness, substance use, and trauma. *Journal of Aggression, Maltreatment, and Trauma* 22; 10: 1070-1084.
19. Schütz C, Linden IA, Torchalla I, Aldesouki M, Li K, Krausz M (2013). The Burnaby Treatment Center for Mental Health and Addiction, a novel integrated treatment program for patients with addiction and concurrent disorders: results from a program evaluation. *BMC Health Services Research* 13: 288.
20. Krausz M, Clarkson A, Strehlau V, Torchalla I, Li K, Schuetz C (2013). Mental disorder, service use, and barriers to care among 500 homeless people in 3 different urban settings. *Social Psychiatry and Psychiatric Epidemiology* 48, 8: 1235-1243.
21. Krausz M, Strehlau V, Schütz C, Torchalla I (2013). Frühe Traumatisierung bei Menschen in Wohnungslosigkeit und Armut – Ergebnisse aus einer kanadischen Studie [Early traumatization among individuals living in homelessness and poverty – Results of a Canadian study]. *Trauma & Gewalt* 7; 4: 290-300.
22. Krausz M, Schutz C, Torchalla I, Backmund M (2013). Stand der heroingestützten Behandlung aus internationaler Sicht [Current state of heroin-assisted treatment from an international perspective]. *Suchtmedizin in Forschung und Praxis* 15; 5: 303-308.
23. Collins SE, Eck S, Torchalla I, Schroeter M, Batra A (2013). Understanding treatment-seeking smokers' motivation to change: Content analysis of the decisional balance worksheet. *Addictive Behaviors* 38, 1: 1472-1480.
24. Torchalla I, Strehlau V, Li K, Schuetz C, Krausz M (2012). The association between childhood maltreatment subtypes and current suicide risk among homeless men and women. *Child Maltreatment* 17, 2: 132-143.
25. Strehlau V, Torchalla I, Li K, Schuetz C, Krausz M (2012). Mental health, concurrent disorders, and health care utilization in homeless women. *Journal of Psychiatric Practice* 18, 5: 349-360.
26. Torchalla I, Nosen L, Rostam H, Allen P (2012). Integrated treatment programs for individuals with concurrent substance use disorders and trauma experiences: A systematic review and meta-analysis. *Journal of Substance Abuse Treatment* 42, 1: 65-77.
27. Torchalla I, Okoli CTC, Bottorff JL, Qu A, Poole N, Greaves L (2012). Smoking cessation interventions targeted to women: A systematic review. *Women & Health* 52, 1: 32-54.
28. Okoli CTC, Torchalla I, Khara M (2012). Sex differences in nicotine dependence among addictions clients accessing a smoking cessation programme in Vancouver, British Columbia, Canada. *Journal of Psychiatric and Mental Health Nursing* 19, 9: 776-784.
29. Torchalla I, Strehlau V, Okoli CTC, Li K, Schuetz C, Krausz M (2011). Smoking and predictors of nicotine dependence in a homeless population. *Nicotine & Tobacco Research* 13, 10: 934-942.
30. Torchalla I, Strehlau V, Li K, Krausz M (2011). Substance use and predictors of substance dependence in homeless women. *Drug and Alcohol Dependence* 118, 2-3: 173-179.
31. Okoli CTC, Torchalla I, Oliffe J, Bottorff JL. (2011). Men's smoking cessation interventions: A brief review. *Journal of Men's Health* 8, 2: 100-108.
32. Torchalla I, Okoli CTC, Hemsing N, Greaves L (2011). Gender differences in smoking behaviour and cessation. *The Journal of Smoking Cessation* 6, 1: 9-16.
33. Torchalla I, Okoli CTC, Malchy L, Johnson JL (2011). Nicotine dependence and gender differences in smokers accessing community mental health services. *Journal of Psychiatric and Mental Health Nursing* 18, 4: 349-358.
34. Okoli CTC, Khara M, Torchalla I, Ensom MHH, Oliffe JL, Bottorff JL, Stanley PJ (2011). Sex differences in smoking cessation outcomes of a tailored program for individuals with substance use disorders and mental illness. *Addictive Behaviors* 36, 5: 523-526.

35. Okoli CTC, Torchalla I, Ratner PA., Johnson JL (2011). Differences in the smoking identities of adolescent boys and girls. *Addictive Behaviors* 36, 1-2: 110-115.
36. Collins SE, Eck S, Torchalla I, Schroeter M, Batra A (2010). Decisional balance proportion: Quantifying qualitative data to represent motivation to change among treatment-seeking smokers. *Drug and Alcohol Dependence* 111, 1-2: 82-88.
37. Batra A, Collins SE, Schroeter M, Eck S, Torchalla I, Buchkremer G (2010). A cluster-randomized effectiveness trial of smoking cessation modified for at-risk smoker subgroups. *Journal of Substance Abuse Treatment* 38, 2: 128-140.
38. Collins SE, Eck S, Torchalla I, Schroeter M, Batra A (2009). Validity of the timeline followback among treatment-seeking smokers in Germany. *Drug and Alcohol Dependence* 105, 1-2: 164-167.
39. Collins SE, Eck S, Kick E, Schroeter M, Torchalla I, Batra A (2009). Implementation of a smoking cessation treatment integrity protocol: Treatment discriminability, potency and manual adherence. *Addictive Behaviors* 34, 5: 477-480.
40. Collins SE, Torchalla I, Schroeter M, Buchkremer G, Batra A (2008). Development and validation of a cluster-based classification system to facilitate treatment tailoring. *International Journal of Methods in Psychiatric Research* 17, S1: S65-S69.
41. Batra A, Collins SE, Torchalla I, Schroeter M, Buchkremer G (2008). Multidimensional smoker profiles and their prediction of smoking following a pharmacobehavioral intervention. *Journal of Substance Abuse Treatment* 35, 1: 41-52.
42. Torchalla I, Albrecht F, Buchkremer G, Längle G (2004). Wohnungslose Frauen mit psychischer Erkrankung - eine Feldstudie [Homeless women with psychiatric disorders – a field study]. *Psychiatrische Praxis* 31, 5: 228-235.

BOOKS / BOOK CHAPTERS

1. Torchalla I, Nosen E (2019) (invited, peer-reviewed book chapter). Sex and gender differences in PTSD and substance use disorder comorbidity. In: Back S, Vujanovic A (Eds.): *Posttraumatic Stress and Substance Use Disorders: A Comprehensive Clinical Handbook*. New York, NY: Routledge Press.
2. Torchalla I, Strehlau V, Neilson E, Krausz M (2015). Moving towards transdisciplinarity in research with marginalized populations. In: Greaves L, Poole N, Boyle E (Eds.): *Transforming Addiction: Gender, Trauma, Transdisciplinarity: 107-119*. New York, NY: Routledge Press.
3. Torchalla I, Schröter M, Batra A (2013) (book). Individualisierte Tabakentwöhnung. Verhaltenstherapeutisches Manual [Individualized Smoking Cessation Treatment. A behaviour therapy based manual]. Stuttgart: Kohlhammer Verlag.
4. Robinson CA, Bottorff JL, Torchalla I (2011) (peer-reviewed book chapter). Exploring Family Relationships: Directions for Smoking Cessation. In: E. K. Svavarsdottir & H. Jonsdottir (Eds.). *Family Nursing in Action: 137-159*. Reykjavík: University of Iceland Press.
5. Lemenager T, Torchalla I (2011) (peer-reviewed book chapter). Alkohol- und Tabakkonsum bei Frauen [Alcohol and tobacco use in women]. In: M.V. Singer, A. Batra, & K. Mann (Eds.). *Alkohol und Tabak: Grundlagen und Folgeerkrankungen [Alcohol and Tobacco: Principles and Sequelae]: 442-450*. Stuttgart: Thieme Verlag.

EDUCATIONAL ARTICLES

1. Torchalla I (May/June 2023). Police traumatic stress injury. *Blue Line - Canada's Law Enforcement Magazine*.
2. Torchalla, I, Batra, A. (2008). Zigaretten töten immer mehr Frauen [More and more women die from cigarette smoking]. *Ärztliche Praxis Gynäkologie [Medical Practice Gynaecology]*, 3: S. 10.

3. Batra, A, Torchalla, I. (2008). Nikotinentzug ist für psychiatrische Patienten besonders wichtig [Smoking cessation is fundamental for patients with mental disorders]. *Ärztliche Praxis Neurologie und Psychiatrie [Medical Practice Neurology and Psychiatry]*, 3: S. 10-11.
4. Torchalla I, Batra A (2007) Mit individuellen Konzepten gegen die Tabaksucht [Individualized treatment of tobacco dependence]. *Der Neurologe und Psychiater [The Neurologist and Psychiatrist]* 9: 27-32.
5. Schroeter M, Torchalla I, Batra A (2007). Grundlagen der Tabakabhängigkeit und Entwöhnungsbehandlung [Principles of tobacco dependence and smoking cessation counselling]. *Psychiatrie und Psychotherapie up2date 1: 245-259.*
6. Batra A, Collins S, Torchalla I (2004). Rauchen bei Kindern und Jugendlichen. [Smoking among children and adolescents]. Kind, Jugend, Gesellschaft. Zeitschrift für Jugendschutz [Child, Adolescence, Society. Journal for the Protection of Minors] 49; 3: 71-74.

MEDIA:

1. Torchalla I, Gallant S (2016). Chronic pain and PTSD frequently co-occur. What you need to know. PainWaves Radio by PainBC, 22/04/2016. <https://www.spreaker.com/user/painwaves/chronic-pain-and-ptsd-frequently-co-occu>
2. Torchalla I, Strehlau V (2012). The association between childhood maltreatment subtypes and current suicide risk among homeless men and women. Podcast by SAGE Publications Inc. <http://cmx.sagepub.com/content/17/2/132/suppl/DC1>.
3. Bryan H (2011). Healing Homelessness: Connecting the dots between mental health, addictions, and homelessness could lead to solutions for relieving the suffering of BC's most vulnerable. *Promise magazine, Fall/Winter 2011: 18-20*, http://helpstpauls.com/app/uploads/2011/10/Promise_FW11.pdf.

PEER-REVIEWED RESEARCH CONFERENCE PRESENTATIONS

1. Goossens I, Nicholls TL, Torchalla I, Langheimer V, Rossister K, Pritchard M, Brink J (June 2016). Staff perceptions of trauma, female forensic consumers, and current clinical practices: A focus group exploration. Poster presented at the *Annual Convention of the Canadian Psychological Association, Victoria, BC*.
2. Strehlau V, Torchalla I, Linden IA, Krausz M (May 2015). Changes in staff practices, attitudes, and trauma-related knowledge 12 months after a comprehensive trauma-informed curriculum. Poster presented at the *168th Annual Meeting of the American Psychiatric Association, New York, NY, USA*.
3. Strehlau V, Krausz M, Torchalla I (May 2014). A Trauma-Informed Curriculum for Sheway, a Community Service for Pregnant Women and New Mothers With Addiction and Complex Concurrent Disorders. Poster presented at the *167th Annual Meeting of the American Psychiatric Association, New York, NY, USA*.
4. Bottorff JL, Robinson CA, Sarbit G, Torchalla I (November 2013). Built for two: A motivational approach to quit smoking for families of patients with lung cancer. Poster presented at the *8th National Conference on Tobacco or Health, Ottawa, ON*.
5. Torchalla I, Strehlau V, Linden I, Smylie D, Krausz M (March 2013). Addressing trauma in mothers with addiction – a training workshop for harm-reduction oriented community services. Poster presented at *Lost in Translation – exploring the early origins of addiction*. Conference hosted by the Canadian Centre on Substance Abuse, UBC Department of Psychiatry, and CHÉOS. Vancouver, BC.
6. Ogilvie L, Torchalla I, Krausz M (March 2013). Multiple Substance Use in British Columbia's Street Entrenched Youth. Poster presented at *Lost in Translation – exploring the early origins of addiction*. Conference hosted by the Canadian Centre on Substance Abuse, UBC Department of Psychiatry, and CHÉOS. Vancouver, BC.

7. Robinson CA, Bottorff JL, Sarbit G, Torchalla I (presenter) (October 2012). The Gender Agenda in Health Promotion: Motivating Smoking Cessation Among Women and Men in Families of Lung Cancer Patients. Oral presentation at *Advancing Excellence in Gender, Sex, and Health Research*. Conference hosted by the Canadian Institutes of Health Research (CIHR) Institute of Gender and Health. Montreal, QC.
8. Torchalla I, Strehlau V, Linden I, Li K, Krausz M (October 2012). Gender differences in homeless individuals with concurrent substance use disorder and posttraumatic stress disorder. Poster presented at *Advancing Excellence in Gender, Sex, and Health Research*. Conference hosted by the Canadian Institutes of Health Research (CIHR) Institute of Gender and Health. Montreal, QC.
9. Strehlau V, Torchalla I, Kachatryan D, Moniruzzaman A, Somers J, Frankish J, Krausz M (October 2012). Suicidality in a homeless population with severe mental illness – Are there differences between men and women? Poster presented at *Advancing Excellence in Gender, Sex, and Health Research*. Conference hosted by the Canadian Institutes of Health Research (CIHR) Institute of Gender and Health. Montreal, QC.
10. Torchalla I, Strehlau V, Li K, Krausz M (2011, February). Substance use and predictors of substance dependence in homeless women. Poster presented at *Lost in Translation – seeking answers in addictions and concurrent disorders*. Conference hosted by the Mental Health Commission of Canada, Canadian Centre on Substance Abuse, CIHR, UBC Department of Psychiatry, and CHÉOS. Vancouver, BC.
11. Strehlau V, Torchalla I, Li K, Krausz M (2011, February). Mental health and suicidality in homeless women. Poster presented at *Lost in Translation – seeking answers in addictions and concurrent disorders*. Conference hosted by the Mental Health Commission of Canada, Canadian Centre on Substance Abuse, CIHR, UBC Department of Psychiatry, and CHÉOS. Vancouver, BC.
12. Hemsing N, Greaves L, Poole N, Okoli CTC, Torchalla I (2010, October). Knowledge Translation on Smoking Reduction and Cessation Interventions for Pregnant and Postpartum Girls and Women. Poster presented at the *Bridging the Worlds of Practice, Research and Education*, 21st National Conference of the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Montreal, QC.
13. Vittoz NM, Sullivan KM, Torchalla, I, Rostam H, Brache K, Greaves L (2009, November). IMPART - Integrated Mental Health Perspectives in Addictions Research Training: Bridging the challenges of transdisciplinarity in sex and gender, addictions, and mental health. Poster presented at *Into the light - transforming mental health in Canada*. Conference hosted by the Mental Health Commission of Canada, Vancouver Coastal Health and Simon Fraser University, Vancouver, BC.
14. Torchalla I, Batra A, Collins SE, Schroeter M, Eck S (2009, November). A cluster-randomized trial of smoking cessation treatment tailored to multidimensional smoker profiles. Poster presented at the 6th National Conference on Tobacco or Health, Montreal, QC.
15. Okoli, C, Torchalla, I, Ratner, P, Johnson, J (2009, November). Are there differences in the smoking identities of adolescent boys and girls? Poster presented at the 6th National Conference on Tobacco or Health, Montreal, QC.
16. Coletti M, Torchalla I (October, 2009). Sexual abuse, violence, and neglect under family therapy. Oral presentation at *Wounded souls and the vulnerable self: Trauma and addiction – causes, consequences, and treatment*. Conference hosted by the Centre for Health Evaluation and Outcome Sciences (CHÉOS), UBC Institute of Mental Health, and Providence Health Care Vancouver, BC.
17. Torchalla I, Collins SE, Schroeter M, Batra A (2006, September). Rauchertypen und differentielle Behandlungserfolge – Implikationen für die Therapie [Smoker subtypes and differential abstinence rates – Implications for therapy]. Poster presented at the 45th Congress of the German Association for Psychology (DGPs), Nuernberg, Germany.
18. Batra A, Collins SE, Schroeter M, Torchalla I (2006, May). Smoking cessation treatments adapted to biological and psychological outcome predictors – a chance for improvement of treatment outcome.

Poster presented at *Understanding Addiction: Mediators and Moderators of Behaviour Change Processes. 2nd Meeting of the German Addiction Research Network*, Dresden.

19. Batra A, Collins SE, Schroeter M, Torchalla I, Buchkremer G (2006, March). Subklinische psychopathologische Phänotypen der Raucher – Ansatzpunkt für eine risikogruppenspezifische Raucherentwöhnungstherapie [Subclinical smoker subtypes – implications for the development of risk-group specific interventions]. Poster presented at the *Annual Meeting of the German Society for Addiction Research and Addiction Therapy*, Regensburg, Germany.
20. Torchalla I, Collins SE, Schroeter M, Buchkremer G, Batra A (October, 2004). Biological and psychological predictors of tobacco abstinence. Oral presentation at the *6th European Conference of the Society for Research on Nicotine and Tobacco (SRNT Europe)*, Tübingen.

PRESENTATIONS AT HEALTH CONFERENCES AND RESEARCH SERIES

1. Torchalla I (2023, January). Invited speaker. Interdisciplinary, trauma-focused occupational therapy and psychology treatment for first responders with PTSD. *BC First Responders' Mental Health Conference. Connecting Leaders to Promote First Responders' Mental Health*. Hosted by the BC First Responders' Mental Health Committee. Richmond, BC.
2. Torchalla I & Gallant S (2014, October). Fear avoidance in chronic pain and PTSD. Oral presentation at *Pain BC's 2014 Interdisciplinary Conference "Confronting the Challenges of Chronic Pain"*. Vancouver, BC.
3. Torchalla I, Strehlau V, Linden IA, Neilson E, Krausz M (June, 2014). "Like a lot happened with my whole childhood": Violence, trauma, and addiction in pregnant and postpartum women from Vancouver's Downtown Eastside. Poster presented at the *29th Annual Research Day of the University of British Columbia, Department of Psychiatry*. Vancouver, BC.
4. Torchalla I, Strehlau V, Linden I, Li K, Krausz M (June 2013). Gender differences in homeless individuals with concurrent substance use disorder and posttraumatic stress disorder. Poster presented at the *27th Annual Research Day of the University of British Columbia, Department of Psychiatry*. Vancouver, BC.
5. Torchalla I, Strehlau V, Li K, Linden I, Schuetz C, Krausz M (2012, October). Substance use, mental health, and their comorbidities: women-specific results and gender differences in the BC Health of the Homeless Survey. Oral presentation at the *Concurrent Disorders Research Meeting*, Child & Family Research Institute, Vancouver.
6. Torchalla I, Strehlau V, Li K, Schuetz C, Krausz M (2012, September). How are histories of childhood trauma associated with adult suicide risk? Results from the BC Health of the Homeless Survey. *Work in Progress Speakers Series*, Centre for Health Evaluation and Outcome Sciences (CHÉOS), Vancouver.
7. Torchalla I (2012, March). Invited speaker. The Science of stopping smoking. *Heart and Lung Health FEST 2012 Scientific Symposium*. Institute for Heart and Lung Health. Vancouver, BC.
8. Torchalla I, Strehlau V, Linden IA (2012, February). Concurrent trauma and addiction – gender issues and promising treatment approaches. Oral presentation at the *Winter Workshop on Addiction Research*. Whistler, BC.
9. Torchalla I, Strehlau V, Li K, Krausz M (2011, June). Substance use and predictors of substance dependence in homeless women. Poster presented at the *26th Annual Research Day of the University of British Columbia, Department of Psychiatry*. Vancouver, BC.
10. Strehlau V, Torchalla I, Li K, Krausz M (2011, June). Mental health and suicidality in homeless women. Poster presented at the *26th Annual Research Day of the University of British Columbia, Department of Psychiatry*. Vancouver, BC.

11. Torchalla I, Strehlau V, Li K, Krausz M (2011, June). Substance use and dependence in homeless women – Results from the BC Health of the Homeless Survey. *Work in Progress Speakers Series*, Centre for Health Evaluation and Outcome Sciences (CHÉOS), Vancouver.
12. Taplin C, Strehlau V, Torchalla I, Li K, Schechter M, Krausz M (2011, April). Childhood trauma, family history of alcohol and drug abuse, and age of first drug injection. Poster presented at the conference of the UBC Faculty of Medicine, Vancouver, BC.
13. Torchalla I (2008, October). Sex and gender differences in smoking behaviour and cessation. *Speakers series*, British Columbia Centre of Excellence for Women's Health, Vancouver.
14. Torchalla I (2007, December). Invited speaker. Geschlechterspezifische Aspekte bei der Behandlung der Tabakabhängigkeit [Gender aspects in the treatment of tobacco dependence]. *5th German Conference on Tobacco Control*. German Cancer Research Center (DKFZ), Heidelberg, Germany.
15. Torchalla I (2007, September). Invited speaker. Psychologische Aspekte der Tabakabhängigkeit [Psychological aspects of tobacco dependence]. „*Präventika*“ – *1st Conference on Health and Prevention*. German Association for the Prevention of Cardiovascular Diseases (DGPr), Karlsruhe, Germany.
16. Torchalla I, Collins S, Schroeter M, Batra A (2005, September). Rauchertypen und differentielle Entwöhnungserfolge [Smoker subtypes and differential abstinence rates]. *Addiction Research Education Series*. University Hospital for Psychiatry and Psychotherapy, Tübingen.
17. Torchalla I (2005, May). Invited speaker. Das Tabakentwöhnungsprogramm „Nichtraucher in 6 Wochen [A 6-week cognitive-behavioural smoking cessation intervention]. „*Health Professionals and Tobacco Control*“. Symposium of the Insurance Institution for Railways and Mining, Graz, Austria.
18. Torchalla I (2004, June). Invited speaker. Tabakabhängigkeit [Tobacco dependence]. „*Addicted to Party*“ – *European Conference for Party Drugs*. Association for Drugs and Intoxicants (FDR), Erfurt, Germany.

INVITED COMMUNITY PRESENTATIONS

1. Torchalla I (2019, April). Moving forward after trauma. Hosted by the West Vancouver Public Library and the North Shore Stress & Anxiety Clinic. West Vancouver, BC.
2. Greaves L, Gibson E, Rostam H, Torchalla I, Uban K (2009, February). *Café Scientific "Understanding Addiction: Nature Meets Nurture"*. Hosted by BC Centre for Excellence for Women's Health in collaboration with CIHR. Café Du Soleil, Vancouver.
3. Torchalla I (2007, September). Rauchen und Raucherentwöhnung [Smoking and smoking cessation]. Information seminar for patients of the Psychiatric Day Clinic, Tübingen.
4. Torchalla I (2005 and 2007, March). Tabakabhängigkeit und Möglichkeiten der Entwöhnung [Tobacco dependence and smoking cessation strategies]. Motivational seminar for patients of the Psychosocial Outreach Clinic for Substance Use Disorders, Tübingen.
5. Torchalla I, Döbler A (2006, April). Die rauchfreie Schule [The smoke free school]. Information seminar for students of the Friedrich List Secondary School, Reutlingen.
6. Torchalla I (2005, May). Tabakabhängigkeit und Entwöhnungsmöglichkeiten [Tobacco dependence and smoking cessation]. Presentation at the Open House of the Adult Education Centre, Tübingen.
7. Torchalla I (2004, October). Rauchen und Tabakabhängigkeit [Smoking and tobacco dependence]. Presentation at the World Mental Health Day, University Clinic for Psychiatry and Psychotherapy, Tübingen.